JH CHAIRS

EVERYTHING CHAIR

Assembly guide | Keep for future reference

Before you begin
Allow 15 minutes. Assemble on a clean, soft surface. A second person makes the final lift easier. Do not use power tools.

Parts checklist
Seat + mechanism x1 | Backrest x1 | Armrests x2 | Headrest x1
Base x1 | Gas lift x1 | Castors x5 | Fastener pack x1

1 Lay out and check every part



Check the five castors, base, gas lift, seat, backrest, two armrests, headrest and all supplied fixings before assembly.

2 Build the base



Push all five castors firmly into the base. Turn the base upright, then insert the gas lift into the centre opening.

3 Fit the armrests



Place the seat upside down on a soft surface. Fit each armrest using three of the six long screws. Start every screw by hand, then tighten evenly.

4 Attach the backrest



Align the backrest bracket with the seat. Fit the three shorter screws with the supplied washers. Start all three before tightening.

5 Join the chair to the base



With help, turn the seat assembly upright. Lower it straight onto the gas lift and press down firmly to seat the taper.

6 Fit the headrest



Slide the headrest bracket into position at the top of the backrest and secure it using the two headrest screws supplied.

SET IT UP FOR YOU

Adjustments, care and assembly support



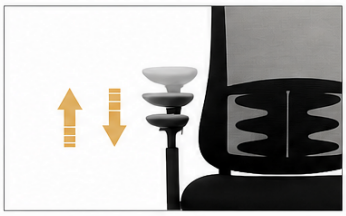
Backrest tilt locks in 4 positions



Height-adjustable headrest



Angle-adjustable headrest

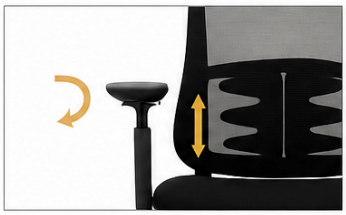


Height-adjustable armrests



Sliding seat-depth adjustment





Rotating armrest pads



Five-star nylon base with integrated footrests



Armrest pads slide forwards and backwards

WATCH THE BUILD VIDEO

Scan to watch the chair assembly video and view the parts checklist.

SAFE ASSEMBLY

- Use every fixing supplied and tighten evenly by hand.
- Do not sit on the chair until assembly is complete.
- Never open, heat or puncture the pressurised gas lift.
- Check the fixings after initial use and periodically thereafter.

NEED HELP?

Visit **jhchairs.co.uk** or email **jamie@jhchairs.co.uk**.
10-year single-shift commercial warranty, subject to the warranty terms. Abuse and ordinary wear and tear are excluded.